

Dr Stefan J de V Rawlins

Plastic & Reconstructive Surgeon

MBCHB(UOVS) MMED(PLAST)

PRACTICE No: 0254258 MP: 0374547

BTW No: 430261588

BLEPHAROPLASTY

THIS PROCEDURE WILL BE DONE IN THE PROCEDURE ROOMS

POST OPERATIVE CARE:

- THE PROCEDURE WILL BE DONE IN THE PROCEDURE ROOMS
- TAKE YOUR MEDICINE REGULARLY AND START IMMEDIATELY WITH ICE PACKS
- EYE DROPS MUST BE USED 2-3 TIMES DAILY AND OINTMENT DURING THE NIGHT
- NO ASPIRINE FOR 2 WEEKS
- BE CAREFUL NOT TO PICK UP HEAVY OBJECTS, COUGHING AND VOMITING CAN CAUSE BLEEDING (Be very careful for 2 weeks)
- NO SMOKING FOR AT LEAST ONE MONTH
- DON'T WET THE PLASTERS ON YOUR EYES FOR THE FIRST 5 DAYS. BE CAREFUL WHEN YOU SHOWER OR BATH
- AFTER 5 DAYS YOU MUST MAKE AN APPOINTMENT WITH THE DR TO REMOVE THE PLASTERS
- DON'T RUB YOUR EYES FOR 2 WEEKS
- KEEP OUT OF THE SUN OR SUNBED FOR 1 YEAR

COMPLICATIONS THAT MAY OCCURE:

- BLEEDING (swelling that grows bigger slowly)
- INFECTION (red, hot wounds and fever)
- SCARS OR MILIA

IF YOU EXPERIENCE ANY PROBLEMS, PLEASE CONTACT DR S RAWLINS ON **0824573766**
OR OUR ROOMS ON **(012) 548 0431 / 0872308476**

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